

# A Truly Uplifting Experience to Fight Breast Cancer

■ by SHANA BRAFF

Get ready to soar high above the world. Mid Island Flight School will be offering the public the unique opportunity of a lifetime. For the minimal cost of just \$150 you will be able to fly for Breast Cancer Awareness and experience firsthand the adrenaline rush and sense of accomplishment garnered from occupying the pilot's seat. Soaring across the sky in a Cessna, 4,500 feet above the ground while maneuvering the plane with your own two hands may be just the thing you need to put things in perspective and realize that you are brave, capable, in control, and master of your own destiny.

Mid Island Flight School has been a leader in flight training since 1946 and has trained over 5,000 capable and confident pilots. On Sunday, November 11th (rain date November 18th), you can learn to fly at one of their two locations. Call MacArthur Airport at 631-588-5400 or Brookhaven Airport at 631-281-5400 to reserve your 45-minute flight with an FAA certified pilot or visit [midislandair.com](http://midislandair.com).

The awesome event will take place 8 a.m. to 2:30 p.m. and includes refreshments and snacks, a free t-shirt, and a First Flight Certificate. Photo ID is required at the time of flight and walk-ins will be accommodated if scheduling permits.

You will not only be treating yourself to this rare privilege, you will also be contributing \$50 of the flight fee toward the 5th Annual Long Island 2 Day

Breast Cancer Walk (LI2Day). The LI2Day Walk was founded in 2004 in answer to the dire need for increased breast cancer assistance here on Long Island. One-hundred percent of the funds that are raised from the 35-mile, two day walk will go to local grassroots organizations, research, and the LI2DAY Scholarship Fund. The scholarship is designed to provide a one-time award of \$2,500 to Long Island high school seniors who reside with a parent, guardian, or relative who is a survivor or victim of breast cancer. LI2Day has been the benefactor of \$45,000 in scholarships.

The LI2Day Walk is a singular volunteer-centered community event in a class by itself with a constituency of over 1,000 active and passionate participants. The organization is committed to Long Islanders who are living with breast cancer. The LI2Day walk has succeeded in generating over \$1.4 million to aid Long Islanders with medical expenses, transportation, self esteem items such as wigs and prostheses which are essential to healing but often not covered by health insurance, early detection, breast cancer counseling, support, and research.

LI2Day works in conjunction with Lend A Helping Hand and similar programs that have assisted over 500 families from Manhasset to the North Fork providing transportation to and from treatments, meals, housekeeping, child-care, as well as medical expenses and fi-

nancial assistance.

Ginny Salerno, Executive Director and Founder of LI2Day, said she was prompted to start this organization because, "I did national walks and a lot of money goes towards administration and advertising. National organizations mainstay is research. When a woman gets cancer the household falls apart." LI2Day makes sure to provide funds for the day-to-day little things such as babysitting and house cleaning that most of the larger organizations completely overlook, but which are crucial when a woman becomes ill.

The 35-mile, two-day walk on Saturday, June 7th and Sunday, June 8th will challenge your endurance as you trek from Smith Point County Park to

Cathedral Pines "Victory Village" and then venture the expedition in reverse. Remember, unlike many other fundraisers, 100% of the funds you raise will go to local beneficiary organizations. You may even be helping someone in the community that you know personally.

For more information on walking, donating, volunteering, or becoming a sponsor, please visit [www.li2day-walk.org](http://www.li2day-walk.org) or call 631-863-2329.

Gail Mancuso Jensen, Vice President and General Manager of Mid Island Air Service, Inc. said, "I've done the walk three times. It's really organized and with bigger organizations who knows where the money is going."



Gail Jensen & Ginny Salerno



Gail Jensen, Don Placide (full-time flight instructor), and Ginny Salerno



Me (Shana Braff) in a Cessna

## Mid Island Flight School... Making childhood dreams a reality.

On November 11th, Fly for Breast Cancer Awareness and experience the thrill of flying from the pilot seat for just \$150.



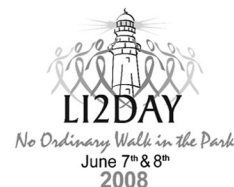
You're all grown up now so you can fly a real airplane.

Mid Island Flight School has been a leader in flight training since 1946 - training over 5,000 safe and confident pilots. Learn to fly at one of our two locations on Sunday, November 11, 2007 and help raise awareness and funds for the 5th Annual LI2Day Breast Cancer Walk - a nonprofit group that raises funds for local beneficiaries, research and education. Visit [li2daywalk.org](http://li2daywalk.org) to learn more about LI2DAY.

**Call MacArthur Airport at 631-588-5400 or Brookhaven Airport at 631-281-5400 to reserve your 45-minute flight with an FAA Certified Pilot or visit [midislandair.com](http://midislandair.com).**



MID ISLAND FLIGHT SCHOOL



#### Registration Details:

- November 11th - 8 a.m. to 2:30 p.m. (rain date November 18th)
- \$150 per pilot (Includes \$50 donation to LI2DAY)
- Refreshments and snacks
- First 50 people receive a free t-shirt
- Photo ID required at time of flight
- Walk-ins accommodated if schedule permits